

HUBBARD COMMUNICATIONS OFFICE
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Remimeo
TR Course Check-
sheet
HQS Course
All Auditors
C/Ses
HSDC Checksheet
Academy Levels
Checksheets
SHSBC
Internes
Supervisors

TR 0 - NOTES ON BLINKING

WHO is doing the confronting? Are you a body? Or a thetan?

Students are trying to do an offshoot called Blinkless TR 0. There is no such thing. Sitting with any attention on the body just isn't confront - you aren't doing the drill right.

If your body blinks then OK - but if you are making it blink BY HAVING ATTENTION ON THE EYES then your TR 0 is out.

If the Supervisor came over and said "Flunk, you blinked" I wouldn't Q&A but continue doing TR 0 instead, because I didn't do it.

Excessive blinking shows the thetan is in his eyes. That's not TR 0.

Nervous muscles can be cured with Calcium-Magnesium.

The body should not interfere with your confront. Just don't use any part of it.

L. RON HUBBARD
FOUNDER

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